



## Tuning the Human Biofield: Healing with Vibrational Sound Therapy

By Eileen Day McKusick

Healing Arts Press. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.9in. x 6.0in. x 0.7in. A guide to the practice of Sound Balancing, using tuning forks to clear trauma stored in the human energy field. Provides a precise map of the energetic biofield that surrounds the body, showing where specific emotions, memories, traumas, and pain are stored. Details how to locate stored trauma in the biofield with a tuning fork and clear it. Explains how Sound Balancing provides consistent, predictable relief from pain, anxiety, insomnia, migraines, digestive disorders, and many other ailments. When Eileen McKusick began offering sound therapy in her massage practice she soon discovered she could use tuning forks to locate and hear disturbances in the energy field, or biofield, that surrounded each of her clients. She found these energetic disturbances correlated with the emotional and physical traumas her clients had experienced throughout their lives, the biofield acting as a record of pain, stress, and trauma from gestation onward. Passing the forks through these areas in the biofield not only corrected the distorted vibrational sounds she was hearing but also imparted consistent, predictable, and sometimes immediate relief from pain, anxiety, insomnia, migraines, depression, fibromyalgia, digestive disorders, and a...

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