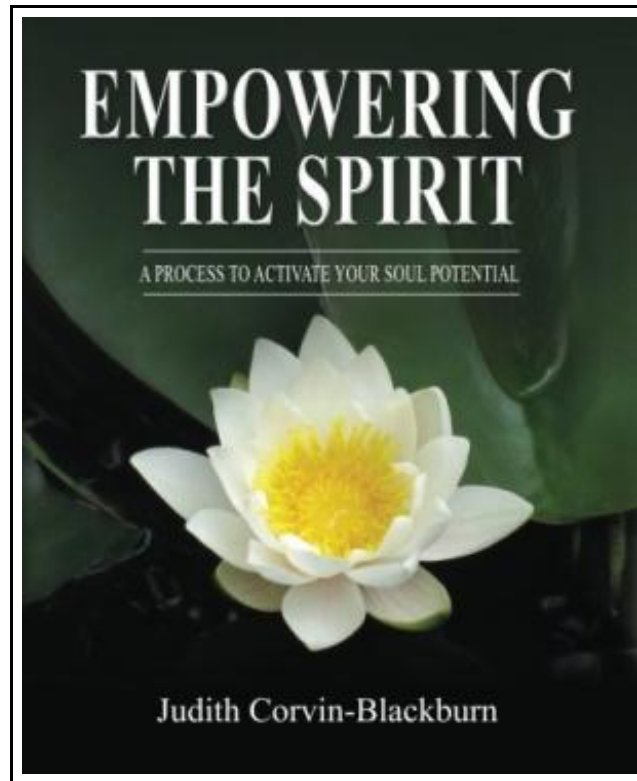


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EMPOWERING THE SPIRIT: A PROCESS TO ACTIVATE YOUR SOUL POTENTIAL (PAPERBACK)



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Healing Concepts Publishing, United States, 2013. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.In the midst of great evolutionary change on our planet, there are large numbers of us who share a passion to live from the heart instead of from ego. We understand how crucial personal transformation is to our collective commitment to bring forth a New Earth based on love, cooperation, equality, peace and harmony. We work diligently on our spiritual development and personal healing. Yet many of us are still not expressing our soul's full potential. Empowering the Spirit offers a unique process of self-inquiry to help with this important next step. Brimming with exercises and meditations, this book provides tools to activate deep levels of healing, self-awareness and higher states of consciousness. In addition it is filled with New Earth images, images that strongly evoke the spiritually-evolved world we are co-creating, to help us integrate these concepts more fully in our lives. In Part One, we are led through a deep internal journey where we are offered tools to understand and release fears of stepping into full power, strategies for self-observation and calming the ego, and ways to identify and heal chakra imbalances. We are given an in depth look at outmoded beliefs, both collective and individual, that create blocks to our full soul expression. Next we are guided to identify, understand and activate our pre-birth contracts and to deeply explore the multidimensional nature of our soul. In Part Two, we embark on an outer journey, weaving the activation and healing which occurred in Part One into our connections with others as we delve into the realm of relationships, families and communities and align them with New Earth principles to promote individual and planetary...



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