



Finance and Manage Your Life: A Planning Guide for Generation y (Paperback)

By James S West Ph D

Createspace, United States, 2013. Paperback. Book Condition: New. Christian Griffith (illustrator). 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. A new twist on financial planning books. Finance and Manage Your Life: A Planning Guide for Generation Y was written specifically for the generation of young people who are just starting their adult life and are in the early stages of financial planning (though people over 34 may also find this material useful). The book's overriding theme is that any discussion of personal finance also needs to consider other important life issues; that you can't manage your finances successfully unless you have clear life goals and objectives. Conversely, you can't achieve most life goals without looking at your finances. In other words, these topics are inherently interrelated and, together, they should become part of a total life plan that includes:

- *Establishing your life goals and objectives.
- *Managing your time.
- *Managing and reducing your stress.
- *Planning your career development.
- *Organizing your physical environment.
- *Developing a me plan for health, fitness, and appearance.
- *Managing interpersonal relationships.
- *Developing and implementing a financial plan for now and the future.
- *Focusing on the interrelationship of financial...



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