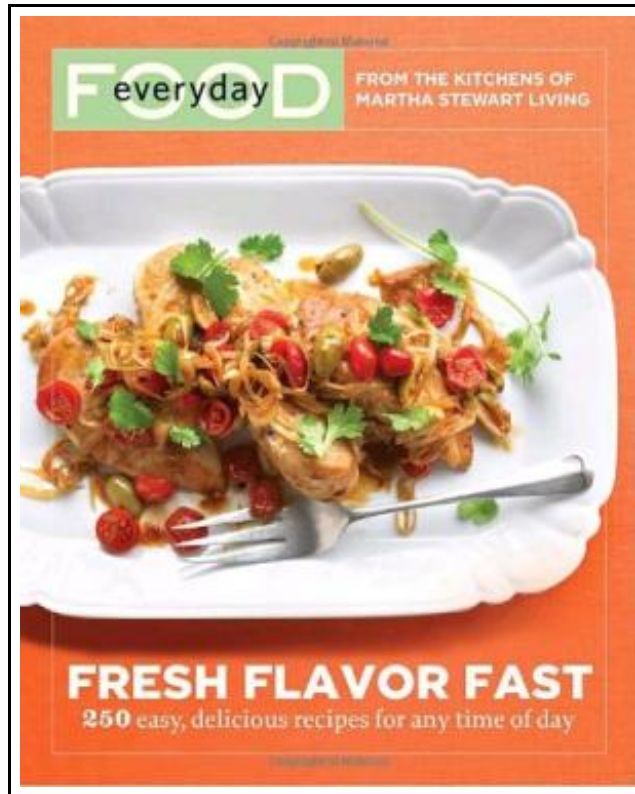


## Everyday Food: Fresh Flavor Fast: 250 Easy, Delicious Recipes for Any Time of Day; from the Kitchens of Martha Stewart Living



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## EVERYDAY FOOD: FRESH FLAVOR FAST: 250 EASY, DELICIOUS RECIPES FOR ANY TIME OF DAY; FROM THE KITCHENS OF MARTHA STEWART LIVING



Random House USA Inc. Paperback. Book Condition: new. BRAND NEW, Everyday Food: Fresh Flavor Fast: 250 Easy, Delicious Recipes for Any Time of Day; from the Kitchens of Martha Stewart Living, Martha Stewart Living Magazine, No matter how busy you are, at the end of the day you want fresh, &#64258;avorful meals that are easy to prepare. And you want lots of choices and variations--recipes that call for your favorite foods and take advantage of excellent (and readily available) ingredients. In the &#64257;rst book from the award-winning magazine "Everyday Food," you'll &#64257;nd all of that: 250 simple recipes for delicious meals that are quick enough to make any day of the week. Because a change in weather affects how we cook as much as what we cook, the recipes in " Everyday Food" are arranged by season. For spring, you'll &#64257;nd speedy preparations for main-course salads, chicken, and poached salmon that minimize time spent at the stove; summer features quick techniques for grilling the very best burgers and kabobs as well as no-cook pasta sauces; for fall, there are braised meats and hearty main-course soups; and winter provides new takes on rich one-dish meals, roasts and stews, and hearty baked pastas. Finally, a chapter on basics explains how to make year-round staples such as foolproof roast chicken, risotto, couscous, and chocolate sauce. Designed in a contemporary and easy-to-read format, "Everyday Food" boasts lush, full-color photography and plenty of suggestions for substitutions and variations. With "Everyday Food," even the busiest on-the-go cook can look forward to meals that bring freshness, nutrition, and a range of &#64258;avors to dinner all week long.



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