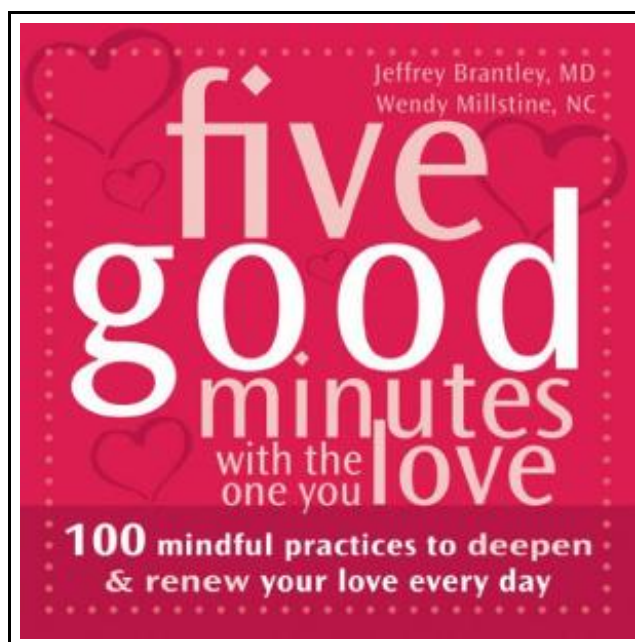


## Five Good Minutes' with the One You Love: 100 Mindful Practices to Deepen and Renew Your Love Everyday



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