



## Multiple Sclerosis: Managing Your MS (Paperback)

By Elizabeth Carruthers

AUTHORHOUSE, United States, 2008. Paperback. Book Condition: New. 198 x 122 mm. Language: English . Brand New Book. For anyone who has been in good health all their life, to be told that they now have a debilitating illness like Multiple Sclerosis can be devastating, as is the acceptance of such an illness. I have tried to write about my own problems and experiences in a way that gives a practical guide to managing the illness. Topics include being diagnosed, employment, pregnancy, relationships, medical treatment and complimentary therapies. I hope that my book shows that staying positive is an important factor in dealing with your MS. My book will answer the question for a person who as newly been diagnosed and also for fellow MS sufferers.



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