



## Freezer Meals: 30 Days Make-Ahead Meals for Your Busy Family. 25 Simple and Money-Saving Recipes You Will Absolutely Love!: (Freezer Recipes, 365 Days of Quick Easy, Make Ahead, Freezer Meals) (Paperback)

By Samantha Webster

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Freezer Meals 30 Day Make-Ahead Meals For Your Busy Family. 25 Simple and Money Saving Recipes You Will Absolutely Love If you're like a lot of people you spend a lot of time every day thinking about what you're going to feed your family. Yet, you're never really sure how you can go about making something that's going to be healthy (at least reasonably so), good tasting and quick (since no one has the time or energy to spend making meals for hours at a time. So what do you do? If you're like a lot of people you decide that quick is going to take preference over healthy (or maybe you're one of those really good parents that chooses healthy over quick). No matter what you choose you spend a lot of time attempting to figure out meals and that means you're not spending that time with your family. In this book we're going to talk about some ways that you can make sure you're spending more time...

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