



## Nutribullet Recipe Book - Healthy Smoothie Recipes for Weight Loss, Detox, Anti-Aging, Health, Vitality. (Paperback)

By Karen Simms

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Nutribullet sales have soared over the last couple of years, and continue to do so. A popular retailer reported selling 1 Nutribullet every 30 seconds on Black Friday in November 2014. The term Nutribullet has passed the lips of most health conscious people out there and it is fast becoming a staple in everyone's kitchen. It is not difficult to figure out why this is the case. There has never been an easier way to introduce healthy, balanced, and wholesome smoothies into your life. Because the Nutribullet works by extracting ALL of the nutrients from the fruit and vegetables (including leafy greens) and breaking them down into their most digestible form, the digestive system is more capable of absorbing the essential vitamins, minerals, fibre, and phytonutrients from the food. This gives our body the kick start it needs to start burning fat cells at a healthy rate, boosting metabolism, regulating blood sugar levels, maintaining a healthy heart and body, and increasing our energy levels. Nutribullet Recipe Book - Healthy Smoothie Recipes for Weight Loss, Detox, Anti-Aging, Health,...



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